

R.U.L.E.

Responsibility – for the impact the offender’s behavior has had on his victims, himself, as well as others;

Understanding – how the offender’s experiences and decisions have led to his acting out and problems in life; his risk factors, decision making skills, self-esteem and high-risk situations

Learning – new patterns of appropriate behavior; skills and strategies to be successful at relapse prevention

Experience – practicing new skills in relating to others, dealing with stress, and finding new experiences that enhance self-esteem; applying what they’ve learned to live a healthier, offense free lifestyle.

What Sets AMHS Apart?

What do we provide to the Probation/Parole Officer?

- (Immediate notice if the client is absent from treatment
- (Monthly progress reports on each client
- (Regular contact with the clinician
- (Training on sex offender psychology and risk factors
- (24/7 Response to facilitate communication
- (Containment Team Approach

Quality Assurance

What we offer the Probation Officer:

- (Coordinates other treatment services
- (Is an additional, objective set of eyes and ears regarding risk
- (Takes all referrals directly and is responsible for scheduling
- (Meets specific service needs for the area
- (Schedules and provides necessary trainings
- (Schedules and coordinates Containment Team Meetings

What do we offer the offender:

- (Treatment provided at an affordable price
- (Comprehensive Curriculum Workbook
- (Option of a payment plan in financial crisis
- (24-hour toll-free emergency line, should a crisis arise
- (Assistance achieving recovery and becoming an active, contributing member of society

R.U.L.E. Sexual Offender Treatment Program

The Clinical Model and Approach

Alliance Mental Health Services, Inc., Inc.(AMHS) R.U.L.E. Program includes the following components:

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- Management of anger
- Impulse control
- Relapse Prevention
- Emotional Regulation
- Relationship Skill Development
- Self Esteem Development
- Cognitive/behavioral restructuring
- Deviant arousal reduction (Psychopharmacological Intervention, Behavioral Treatment)
- -Empathy training
- Communication skills
- Support Network Development

AMHS has developed an integrative approach to sexual abuser treatment that goes beyond combining different services. Our approach to sexual abuser treatment is to effectively integrate treatment of the offender's character deficits with the treatment of the offender's behavior. Our approach to sexual abuser treatment is designed to understand that sexually deviant behavior is the result of the nature of the character defects. These defects are targeted by AMHS's treatment model and progress is measured by specific growth in these areas.

Psychopharmacology

- ★ Recent research has shown that certain medications (SSRIs) are effective in reducing obsessive and compulsive symptoms.
- ★ Other medications (androgen medications) can reduce sex drive. These medications will be considered for offenders whose symptoms and behaviors may be best treated with these interventions and who are not responding to other treatment strategies.